


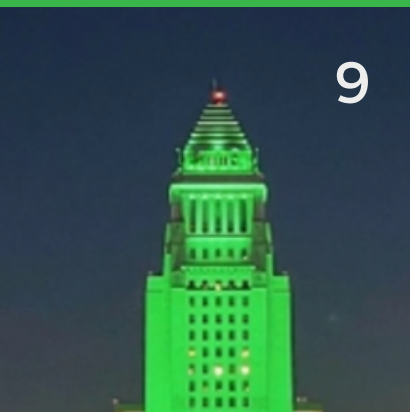

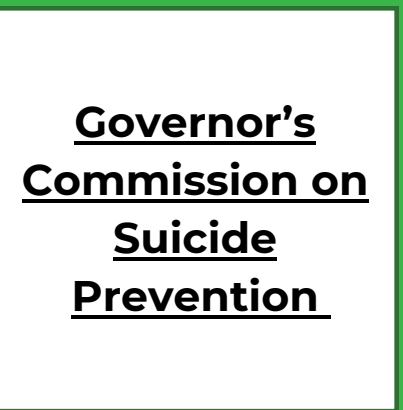
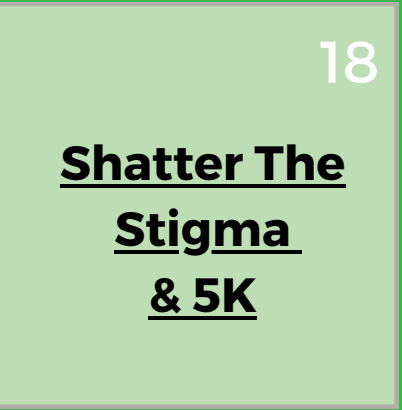
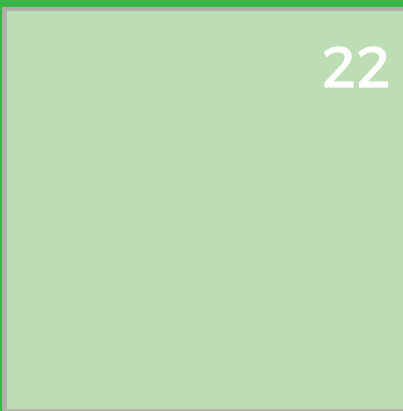
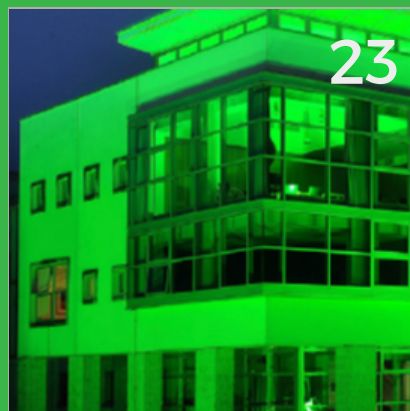
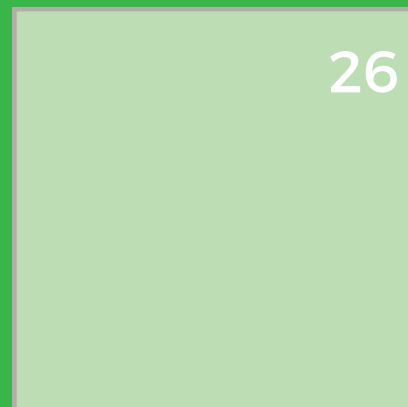
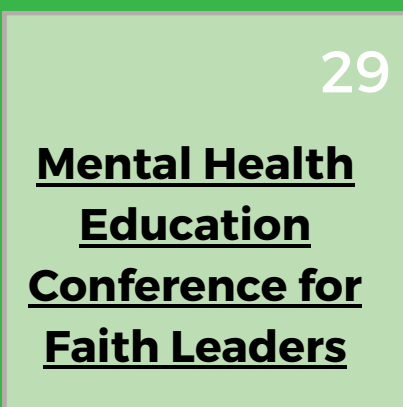



Mental Health Awareness Month

MAY 2024

This calendar does not include all events.
Please follow us on our socials listed below for more community events!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			 1	 2 Older Adult Mental Health Awareness Symposium	 3	 4 Mental Health Fair
CHILDREN'S MENTAL HEALTH AWARENESS WEEK: MAY 5 - MAY 11						
 5	 6	 7 CHILDREN'S GO GREEN DAY!	 8 Dr. Weiner Mental Health Webinar	 9	 10	 11
LIGHT UP GO GREEN MENTAL HEALTH AWARENESS WEEK: MAY 13-MAY 19						
 12 MOTHER'S DAY	 13 Annual Latino Health Conference	 14 Dr. Weiner Mental Health Webinar	 15 Governor's Commission on Suicide Prevention	 16 Healing Spaces: Reducing Trauma, One Garden at a time	 17	 18 Shatter The Stigma & 5K
 19	 20	 21	 22	 23	 24	 25
 26	 27	 28	 29 Mental Health Education Conference for Faith Leaders	 30 Recovery Stimulator	 31	

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EVENTS

Please follow us on our socials for more community events. If you are interested in having your event showcased next year, please reach out!

May 2- [Annual Morgan State University Suicide Awareness Prevention Walk](#)

May 4- [Towson University Out of the Darkness Campus Walk](#)

May 4- [UMBC Out of the Darkness Campus Walk](#)

May 4- [Surf the Mental Health & Wellness Wave: A Resource & Education Fair](#)

May 8- [Growing Up Well: Children's Mental Health Awareness Week \(Virtual\)](#)

May 10- [Early Childhood Mental Health Awareness Day](#)

May 10- [2nd Annual Children's Mental Health Awareness Family Night](#)

May 10- [Guiding Transformative Change in Children, Youth & Families](#)

May 13- [Allegany County Mental Health Matters Walk](#)

May 16- [Recognizing and Accommodating: Tips for Supporting Individuals with Behavioral Health Conditions Webinar](#)

[Say Yes to Green!](#)