

# GET MAT

## Eligibility

- Have an Opioid Use Disorder  
-heroin, prescription narcotics
- Experienced an overdose in the past
- Meet admission criteria for Methadone/Suboxone treatment

## Benefits

- Incentives to enroll in MD MATRS
- Access to Maryland Recovery Net (support services)
- Decrease the occurrence of withdrawal symptoms and the risk of relapse
- Receive counseling and care coordination services
- Peer based recovery supports including MARS groups (Medication Assisted Recovery Services)

*“MAT gave me hope and my life again. I don’t get high on this medication, I get better. It allows me to live”. C.C.*

# SIGN UP

## Baltimore City Program Participants

Daybreak (MedMark Treatment Center)  
410-354-2800

Reflective Treatment Center  
410-752-3500

Total Health Care  
410-383-8300

Tuerk House  
410 233-0684

## Anne Arundel County Program Participants

Anne Arundel County Health Department  
410-222-0100

## Web Sites:

<http://bha.dhmmh.maryland.gov>  
Larry Stevens 410-402-8331

<http://www.bhsbaltimore.org>

# MD MATRS

Better Options -  
Better Outcomes  
for treatment of  
Substance Use  
Disorders

# MAT CAN CHANGE YOUR LIFE

Medication Assisted Treatment is a pathway to recovery for those with opioid

*Medications are utilized to treat disease. Any medicine used for chronic illness is seen as effective if there is a reduction in symptoms.*

*Just as medicines are used for diabetes (Insulin) and hypertension (Beta Blockers), MAT provides options and improves outcomes.*

The US Food and Drug Administration has approved the following medications for the treatment of Opioid Use Disorders:

- Methadone
- Buprenorphine (or Suboxone)
- Naltrexone (or Vivitrol)

## Medication Assisted Treatment Works

Research shows that MAT medications provide significant benefits:

- Reduce or eliminate cravings
- Decrease withdrawal symptoms
- Reduce the risk of relapse
- Can be offered in both outpatient and residential treatment settings
- Decrease of criminal activity
- Decrease health risks (HIV and Hepatitis)

MAT is the treatment of choice for many people.

**Change is Possible**

## How We Can Help

### MD MATRS

(Maryland Medication Assisted Treatment and Recovery Support) is a SAMHSA funded project designed to decrease the number of opioid related overdoses and overdose deaths in Baltimore City and Anne Arundel County.

### The Goals of MD MATRS

- Prevent opioid overdoses
- Increase effective treatment options
- Decrease illicit drug use
- Decrease the stigma, misinformation, and myths about MAT

