



Resource Guide for Mobile Crisis Teams, Behavioral Health Crisis Stabilization Centers and Assertive Community Treatments

This Resource Guide lists Mobile Crisis Teams, Behavioral Health Crisis Stabilization Center, and Assertive Community Treatment providers by jurisdiction in Maryland. *If you are in danger or need immediate medical attention, call 911.*

Mobile Crisis Response and Stabilization Services (MCT)

Mobile Crisis responders provide in-person support to people when they experience a serious mental health or substance use challenge, including a crisis as the person defines it. These teams, which include trained professionals, go to wherever the individual is in the community - such as their home, school, or other public places. Services are provided to de-escalate the situation, evaluate the individual's behavioral health, stabilize the situation, and make connections to treatment and support services. The table provides the contact number for each provider. However, people in every jurisdiction can also call 9-8-8 and be connected to a Mobile Crisis responder.

Behavioral Health Crisis Stabilization Center (BHSC)

Behavioral Health Crisis Stabilization Centers (BHSCs) provide in-person, walk-in behavioral health services to address urgent behavioral health needs - as an alternative to going to the emergency department and engaging with the criminal legal system. These centers are open 24 hours a day, every day of the year and provide immediate care in a safe and supportive environment. Services are provided to de-escalate the situation, evaluate the individual's behavioral health, stabilize the situation, and make connections to treatment and support services. BHSCs serve individuals who come to the service voluntarily or under an [emergency petition](#).

Assertive Community Treatment (ACT)

Assertive Community Treatment is a multidisciplinary, team-based service delivery model that provides time-unlimited, community-based services for individuals with serious mental illness who experience or are at particular risk for concurrent substance use, frequent hospitalization, homelessness, involvement with the criminal legal system, and psychiatric crises. The primary goal is to help individuals achieve recovery through community treatment, rehabilitation, and support. Referrals are made by reaching out to the team at the contact number listed. An individual participating in the service has access to services during regular business hours and on call 24/7.

| Jurisdiction | Service | Provider | Hours of Operation | Contact Number |
|----------------|---------|--|---|---|
| Allegany | MCT | Baltimore Crisis Response Inc. (BCRI) | <p><u>MCT Response:</u> Mon, Wed, Fri 7:00am-3:00pm</p> <p><u>Peer support available by phone:</u> Mon-Fri 7:00am-11:00pm</p> | <p>443-833-5713</p> <p>westernmd@bcresponse.org</p> |
| Anne Arundel | MCT | Anne Arundel County Mental Health Agency | 7 days a week, 24/7 | 410-768-5522 |
| | ACT | People Encouraging People, Inc. (2 Teams) | Regular Business Hours; Available On-Call 24/7 | 410-768-0123 |
| Baltimore City | MCT | <p>Affiliated Sante Group (Central MD Regional Crisis System)</p> <p>Baltimore Crisis Response, Inc.- (Baltimore City and Central MD Regional Crisis System)</p> | 7 days a week, 24/7 | 988 |
| | ACT | People Encouraging People, Inc. (2 Teams) | | 410-366-4299 |
| | | University of Maryland Medical Center | Regular Business Hours; Available On-Call 24/7 | 410-328-2564 |
| | | | | 410-955-2207 |

| Jurisdiction | Service | Provider | Hours of Operation | Contact Number |
|------------------|---------|---|--|---|
| | | Johns Hopkins Sheppard Pratt Health Systems Grace Medical Center at Lifebridge | | 410-366-4360 443-472-0445 |
| Baltimore County | MCT | Affiliated Sante Group (Baltimore County and Central MD Regional Crisis System) Baltimore Crisis Response, Inc. - (Central MD Regional Integrated Crisis System) | 7 days a week, 24/7 Mon-Fri- 12am - 7pm Sat-Sun- 12am - 4pm | 410-931-2214 988 |
| | ACT | People Encouraging People, Inc. | Regular Business; Available On-Call 24/7 | 410-366-4299 |
| Calvert | MCT | Calvert County Health Department | 7 days a week, 24/7 | 1-877-467-5628 |
| Carroll | MCT | Affiliated Santé Group (Carroll County and Central MD Regional Crisis System) | <u>Central MD Regional Team:</u> Mon-Fri- 12am - 7pm Sat-Sun- 12am - 4pm <u>Carroll County Local Team:</u> Mon-Sun- 9am - 12am | <u>Central MD Regional Team:</u> 988 <u>Carroll County Local Team:</u> 410-952-9552 |
| | ACT | Carroll County Youth Services Bureau | Regular Business; Available On-Call 24/7 | 443-244-8691 |
| Cecil | MCT | Affiliated Santé Eastern Shore | 7 days a week, 24/7 | 888-407-8018 |
| | ACT | Upper Bay Counseling and | Regular Business; Available On-Call 24/7 | 410 996-5104 |

| Jurisdiction | Service | Provider | Hours of Operation | Contact Number |
|--|---------|--|---|--|
| | | Support Services, Inc. | | |
| Frederick | MCT | Sheppard Pratt | 7 days a week, 24/7 | 240-566-1967 or 988 |
| | ACT | Sheppard Pratt Health Systems | Regular Business; Available On-Call 24/7 | 301-662-0099 |
| Garrett | MCT | Baltimore Crisis Response Inc. (BCRI) | <u>MCT Response:</u> Tuesday & Thursday 7:00am-3:00pm <u>Peer support available by phone:</u> Mon-Fri- 7:00am-11:00pm Sat-Sun- 7:00am-3:00pm | 443-833-5570 westernmd@bcresponse.org |
| Harford | MCT | Harford County CSA | 7 days a week, 24/7 | 1-800-NEXT-STEP (1-800-639-8783) or locally 410-874-0711 |
| | ACT | Sheppard Pratt Health Systems | Regular Business; Available On-Call 24/7 | 410-273-1399 |
| Howard | MCT | Affiliated Sante Group (Central MD Regional Crisis System) Grassroots | 7 days a week, 24/7 | 988 |
| | ACT | Sheppard Pratt Health Systems | Regular Business; Available On-Call 24/7 | 410-740-1901 |
| Mid-Shore (Caroline, Dorchester, Kent, Queen Anne's, Talbot Counties) | MCT | Affiliated Santé Eastern Shore | 7 days a week, 24/7 | 888-407-8018 |
| | ACT | Lower Shore Clinic | Regular Business; Available On-Call 24/7 | 443-235-1932 |
| Montgomery | MCT | Montgomery County Department of Health and Human | 7 days a week, 24/7 | 240-777-4000 |

| Jurisdiction | Service | Provider | Hours of Operation | Contact Number |
|-----------------|---------|--|---|------------------------------|
| | | Services | | |
| | ACT | Cornerstone Montgomery (2 Teams) | | 888-525-4231 301-493-4200 |
| | ACT | People Encouraging People, Inc. (2 Teams) | Regular Business; Available On-Call 24/7 | 410-366-4299 |
| | | Pathways to Housing D.C. | | 202-441-1464 |
| Prince George's | MCT | iMind Behavioral Health | 7 days a week, 24/7 | 301-429-2185 or 988 |
| | ACT | People Encouraging People, Inc. | Regular Business; Available On-Call 24/7 | 410-366-4299 |
| | BHCSC | Dyer Care Center | 7 days a week, 24/7 | 240-965-1716 |
| Somerset | MCT | Affiliated Santé Eastern Shore | 7 days a week, 24/7 | 888-407-8018 |
| | ACT | Lower Shore, Inc. | Regular Business; Available On-Call 24/7 | 443-944-6468 |
| Washington | MCT | Sheppard Pratt | 7 days a week, 24/7 | 240-625-2246 |
| | ACT | Sheppard Pratt Health Systems | Regular Business; Available On-Call 24/7 | 301-733-6063 |
| Wicomico | MCT | Affiliated Santé Eastern Shore | 7 days a week, 24/7 | 888-407-8018 |
| | ACT | Lower Shore, Inc. | Regular Business; Available On-Call 24/7 | 443-944-6468 |
| Worcester | MCT | Worcester County Health Department | 7 days a week, 24/7 | 988 |
| | ACT | Lower Shore, Inc. | Regular Business; Available On-Call 24/7 | 443-944-6468 |

Updated December 20, 2024