**Kent County Strategic Plan**

***FY 2016 - 2018***

***January, 2017 UPDATE***

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***KENT COUNTY, MARYLAND STRATEGIC PLAN***

***(Plans, strategies and priorities for meeting the identified needs of the general public and***

***The criminal justice system for alcohol and drug abuse evaluation, prevention and treatment)***

***FY 16-18***

**Vision: A Mentally Healthy, Safe and Drug-Free Kent County**

**Mission: To assist individuals and families affected by substance abuse, mental illness and co-occurring disorders to achieve a better quality of life through prevention, intervention and comprehensive treatment. Our primary value is to preserve the dignity and well-being of every individual and family through the promotion, restoration and maintenance of a healthy and productive life.**

**Priorities: 1.** Provide awareness of substance use trends in our county as well as education and community-based environmental strategies to alleviate the scope and impact presented by these issues.

**2:** Expand treatment services by providing ASAM Level I.C treatment to inmates at the Kent County Detention Center.

**3:** Provide case management and counseling services to Kent County inmates being released back into the community via a grant provided through the Governor’s Office of Crime Control & Prevention and to court ordered individuals within the PAST program (Post Adjudication Supervision Treatment).

**4:** Develop and maintain an integrated continuum of efficient and effective treatment services for both substance abuse and mental health.

**5:** The A. F. Whitsitt Center (AFW) will transition from a grant-funded program to a fee-for-service facility at the start of FY17.

**6.** Revamp referral/admission process to include proof of insurance prior to admission. This would aid in pre-authorization without delaying the admission.

**7.** Submit application to Maryland Recovery Network in order to provide more cost-effective, comprehensive continuing care.

**8.** AFW will re-design the web page in order to make it more user-friendly to patients, stakeholders, referrals sources and people in the community.

**PREVENTION**

**Goal 1: Educate and assist citizens of Kent County to live healthy and substance free lives**.

**Objective 1:** Use appropriate evidence-based prevention programs in all settings.

Kent County is engaged in the Mid-Shore Opioid Overdose Prevention Plan: Please see below for full details of the plan:

**Objective 2:** Increase the effectiveness of prevention activities by partnering with appropriate entities to identify and provide services to families whose children may be at increased risk for substance use while assisting the citizens of Kent County in living mentally health, substance free lives through education, community building and environmental strategies.

# We continue to offer the Diversion Program via our Partnership with the District Court of Kent County. We are providing a certified online Alcohol EDU software program provided by the company EVERFI, Inc. This program is listed on the National Registry of Evidence-based Programs and Practices (NREPP) as an effective Alcohol EDU program. It typically takes three hours to complete this online process. It is specifically tailored for court ordered individuals 18-20 years old with a first time alcohol citation or legal consequences from drinking.

**Objective 1:** Through the utilization of the OMPP Grant Initiative and community involvement there will be a reduction and/or elimination of prescription opiate and heroin misuse by preventing the onset of addiction of prescribed opiates and heroin by youth and adults.

**MID-SHORE OPIOID OVERDOSE PREVENTION PLAN**

**(Caroline, Dorchester, Kent, Queen Anne’s & Talbot Counties)**

The two goals established in the Mid-Shore Opioid Overdose Prevention Plan are to decrease Opioid-related overdoses and deaths and reduce accessibility to prescription medications) cite 2016 as the target date.

* Kent County has a permanent drop-off site is in place for citizens to dispose of unused medications at the local sheriff’s department Sheriff's Office located at 104 Vickers Dr., Unit B, Chestertown, MD 21620, Only take unused meds on M-F, 8am-5pm except holidays)
* Kent County, under the medical supervision of the Mary Ada Moore, RN has trained numerous Police Departments within Kent County on the use of Narcan, which they now carry as part of their standard equipment. All EMS personnel are also trained.
* In anticipation of the Prescription Drug Monitoring Program’s identification of issues related to over-prescribing, “doctor-shopping”, and/or the use by individuals of multiple pharmacies to access medications, each jurisdiction along with various state authorities need to prepare a response plan.
* January ’15: Counties can each apply for up to $160,000 for an “Opioid Misuse Prevention Grant Program”. Since the Mid-Shore prepared its Opioid Overdose Prevention Plan as a region, the five counties applied for these funds as a region with Dorchester County serving as the primary recipient.

**Objective 2:** Continued education of primary care and emergency room physicians/nurses about the importance of discussing the abuse potential and addictive qualities of narcotic prescription opioids.

**Performance Target:** Increase the number of primary care and emergency room physicians/nurses who have access to educational literature about addiction and withdrawal symptoms related to prescribe opiates (best practices).

**TARGET:** Identify funding to purchase and distribute/display educational information about prescribed opiate addiction and withdrawal symptoms for doctors and dental offices, emergency room, emergency responders and law enforcement.

**Objective 2:** Educate pharmacists about the importance of discussing addiction and withdrawal symptoms with their customers when filling opiate prescriptions.

**TARGET:** Increase the number of pharmacies that have access to literature detailing information about prescribed opiate addiction and withdrawal symptoms.

**TARGET:** Identify funding for prescribed opiate addiction and withdrawal literature for placement in pharmacies.

**Objective 3**: Increase the community’s knowledge about treatment options/locations for addiction to heroin/opiates.

**TARGET:** Provide the community with the Mid Shoe Mental Health System’s website information which has a detailed list of all providers within the jurisdiction.

**Objective 4:** Increase the community awareness of the proper disposal of unwanted and/or unused prescribed opiates and other addictive drugs.

**TARGET:** Provide community members of the address for the Drop Box location for all prescriptions for Kent County residents, (i.e. Kent County Detention Center-104 Vickers Drive, Chestertown, Maryland 21620)

**Objective 5:** Development of relationships with pharmacists who will dispense naloxone to Overdose Response Prevention (ORP) certificate holders without a prescription as allowed by the statewide standing order.

**TARGET:** Provide education concerning the statewide standing order to all pharmacies within the Kent County Jurisdiction to determine which ones are participating in this standing order, to determine which pharmacies are stocking naloxone, and which pharmacists require more education around this issue.

**Objective 6.** Saturate local jurisdiction with OMPP media campaign via Facebook, billboards, local radio ads, pamphlets, tip cards, etc. to educate citizens concerning use and misuse of opioid medications.

**Target:** Provide ongoing education through social media to enlighten the citizens of Kent County about the issues surrounding the Opioid epidemic and how to access treatment if needed.

**TREATMENT**

**Goal 2: Secure ASAM Level I.C Treatment at the Kent County Detention Center**

**Objective 1:** Secure funding through the Kent County Commissioners for the purpose of ASAM Level I.C Substance Abuse Treatment for inmates at the Kent County Detention Center. Kent County Behavioral Health applied for the STOP Grant for FY18 however the proposal was denied requiring the need to pursue county funding. Pending a review with BHA and if funding is not reallocated for FY18 funding will be pursued through the Kent County Government.

**Objective 2:** Kent County’s Health Officer, the LAA, District Court & Circuit Court Judges, States Attorney, Public Defender, Warden of the Kent County Detention Center, Parole & Probation and other local officials met with the Kent County Commissioners on February 14, 2017 to present a plan to combine the ASAM Level I.C budget with the Kent County Detention Center’s budget as a standardized aspect budget moving forward. Dr. Ben Kohl of Eastern Shore Psychological Services provided information about the current substance abuse treatment services being provided at KCDC and reentry services upon release. Vivitrol services were detailed and the long-term benefits to those who receive this medication assisted treatment coupled with ongoing treatment within the community will be a topic of discussion. These services are at no cost to the county.

**Objective 3:** In support of this proposal a formalized letter from the LDAAC committee will be devised and signed by committee members to approve this much needed level of care.

**Objective 4:** Maintain continued clinical services to the incarcerated population of the Kent County Detention Center.

**Objective 5.** Maintain the continuum of care within the community from Level I.C to the community to afford a decrease in recidivism within the judicial system and reduction in overdose deaths through the utilization of Vivitrol prior to release from KCDC and engagement with local providers.

**Objective 6.** Eastern Shore Psychological Services will continue to be the vendor providing the clinical services through FY17. If the Kent County Commissioners fund the project an RFP will then take place to determine which vendor will provide ongoing services moving forward. Inmates will then have the opportunity for a smooth reentry into the community for both mental health and substance abuse services.

Groups will be held three times weekly contingent upon the Detention Centers staffing capacity. Individual sessions will be held as needed based upon client’s needs. Educational sessions will be tailored to meet the needs of population using a BEST Practices curriculum.

**Estimated Dollar Amount Needed to achieve goal: $ 73,000**

**Goal 3: Provide Vivitrol case management/counseling serves to Opioid Dependent Kent County inmates prior to release from the Kent County Detention Center back into the community via a grant provided through the Governor’s Office of Crime Control & Prevention and for those court ordered individuals into the PAST program (Post Adjudication Supervision Treatment).**

**Objective 1:** Re-apply for the GOOCP grant through the Governor’s Office of Crime Control & Prevention for case management purposes for clients in the Post Adjudicated Supervision Treatment Program in the District and Circuit courts of Kent County.

**Objective 2:** Partner with the Kent County Detention Center, Medical Staff of KCDC, the Pharmaceutical Representative for Alkermes which manufactures Vivitrol, Office of Crime Control & Prevention, Health Officer of Kent County Health Department to develop appropriate protocols.

**Objective 3:** Partner with District, Circuit Court Judges for Kent County, States Attorney, Public Defender’s Office, Parole & Probation, and Mental Health Providers concerning the case management of PAST clientele.

The grant was approved through Office of Crime Control & Prevention which funds a full time case PAST Coordinator to substance abuse assessments for all prospective PAST clientele and then to provide ancillary case management services. The PAST Coordinator coordinates clinical services for every PAST client and reports this information to the courts. Vivitrol data and follow up treatment information on those that receive injections following release from the Kent County Detention Center are included in this grant report.

**Estimated Dollar Amount Needed to achieve goal: $ 60, 367.00**

**Performance Target:** Inmates within the Kent County Detention Center who are residents of Kent County, Maryland who are Opioid Dependent and offenders within the District and Circuit Courts of Maryland for Kent County who voluntarily commit to engage in the PAST Program for one year of structured treatment under the supervision of the court. Inmates who receive the Vivitrol injection the crux of this grant. All data and follow up care are entered both a federal and state data base to determine the long-term benefits of Vivitrol and continued therapy.

**Goal 4: Develop and maintain an integrated continuum of efficient and effective treatment services for both substance abuse and mental health.**

**Performance Target:** Decrease the number of emergency room admissions for substance abuse and mental health concerns.

Kent County Behavioral Health as most jurisdictions are in the process of soliciting private providers to garner interest in building the overall capacity of behavioral health care within the jurisdiction. Currently this process is in the beginning phases. Kent County has one private provider which is not a licensed certified ASAM level of care. They do provide a full array of mental health services but do not accept Medicaid. Ongoing efforts to bring in a provider that does meet this need is a priority if expansion of services within the Jurisdiction are to be met. These duties will fall upon the LAA and the Health Officer.

**Estimated Dollar Amount** **Needed to achieve goal: $0.00**

**Goal 5: The A. F. Whitsitt Center (AFW) will transition from a grant-funded program to a fee-for-service facility at the start of FY17.**

**Objective 1:** Develop a strategic planning team consisting of staff from all departments including nursing, clinical, administration and fiscal. The plan will be consistent with our Mission Statement and will be based on the needs of our community here on the Eastern Shore of Maryland.

To this end, the team will:

1. Complete webinar training on the SAMSHA Business website.
2. Complete webinar training from Beacon Health regarding billable services, accounting and reporting.
3. Report summary to the team at the weekly meetings.
4. Utilize our BHA representative for input and feedback.
5. Keep all staff members updated on developments through bi-monthly email and quarterly departmental meetings.

**Objective 2:** Pursue licensing for different levels of care in addition to our current Level III.7D /

III.7. This includes Level III.5 with the possibility of Level II.5 & II.1.

**Objective 3:** Utilize input from stakeholders and residential treatment providers to augment and

implement plans from the strategic planning team.

**Objective 4:** Complete the conversion to EHR in order to maximize the flow of information

within the facility as well as with billable sources, referral sources and continuing care facilities.

**Objective 5:** Explore the potential of utilizing the Telemedicine Program of Shore Regional

Health.

**Objective 6:** Revamp referral / admission process to include proof of insurance prior to

admission. This would aid in pre-authorization without delaying the admission.

**Objective 7:** Submit application to Maryland Recovery Network in order to provide more cost

effective, comprehensive continuing care.

**Estimated dollar amount needed to achieve the goal:** $0.00

**Goal 7:** Extend agreement with Shore Regional Health (SRH) hospitals from the

Chestertown location to include the Easton and Cambridge facilities.

**Objective 1:** Establish an MOU with representatives of SRH to provide speedy access to admission to AFW for those people who come to the hospital ED after an overdose on opiates.

**Objective 2:** Utilize the Recovery in Motion Center’s Peer Support Specialists to act as liaison

between SRH and AFW.

**Objective 3:** Once the relationship has been established, SRH has agreed to discuss possible

purchase of services from AFW at the end of this fiscal year.

**Estimated dollar amount needed to achieve the goal:** $0.00

**Goal 8: AFW will re-design the web page in order to make it more user-friendly to patients, stakeholders, referrals sources and people in the community.**

**Objective 1:** Work with IT to review websites of private providers in order to make the changes necessary to increase / enhance marketing.

**Objective 2:** Revise the website and seek feedback from outside sources regarding the efficacy

of the adjustments.

**Estimated dollar amount needed to achieve the goal:** $0.00