

MARYLAND DEPARTMENT OF HEALTH
Behavioral Health Administration

**Addressing the Behavioral Health Needs
of Older Adults in Maryland**

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Behavioral Health Administration**

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BHA's Mission and Vision

VISION

Improved health, wellness, and quality of life for individuals across the life span through a seamless and integrated behavioral health system of care.

MISSION

*The BHA will, through publicly-funded services and support, **promote recovery, resiliency, health and wellness** for individuals who have or are at risk of emotional, substance related, addictive and/or psychiatric disorders to improve their ability to function effectively in their communities.*

State Psychiatric Hospitals

Provides in-patient psychiatric services in five (5) State hospitals and the two adolescent centers (RICA Baltimore and RICA Rockville), and one inpatient unit for child/adolescents (Spring Grove Hospital).

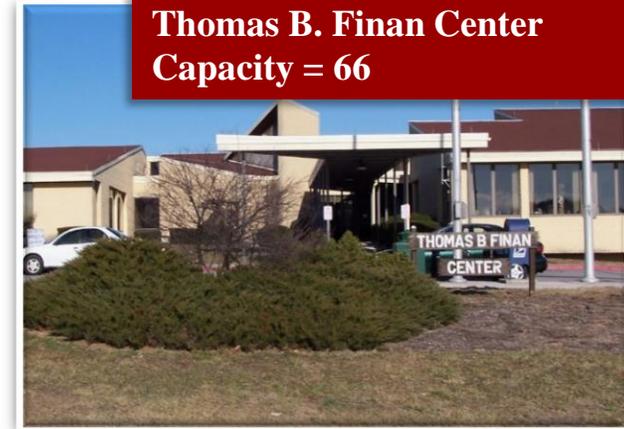
Clifton T. Perkins Hospital Center
Capacity = 288



Springfield Hospital Center
Capacity = 220



Thomas B. Finan Center
Capacity = 66



Eastern Shore Hospital Center
Capacity = 80

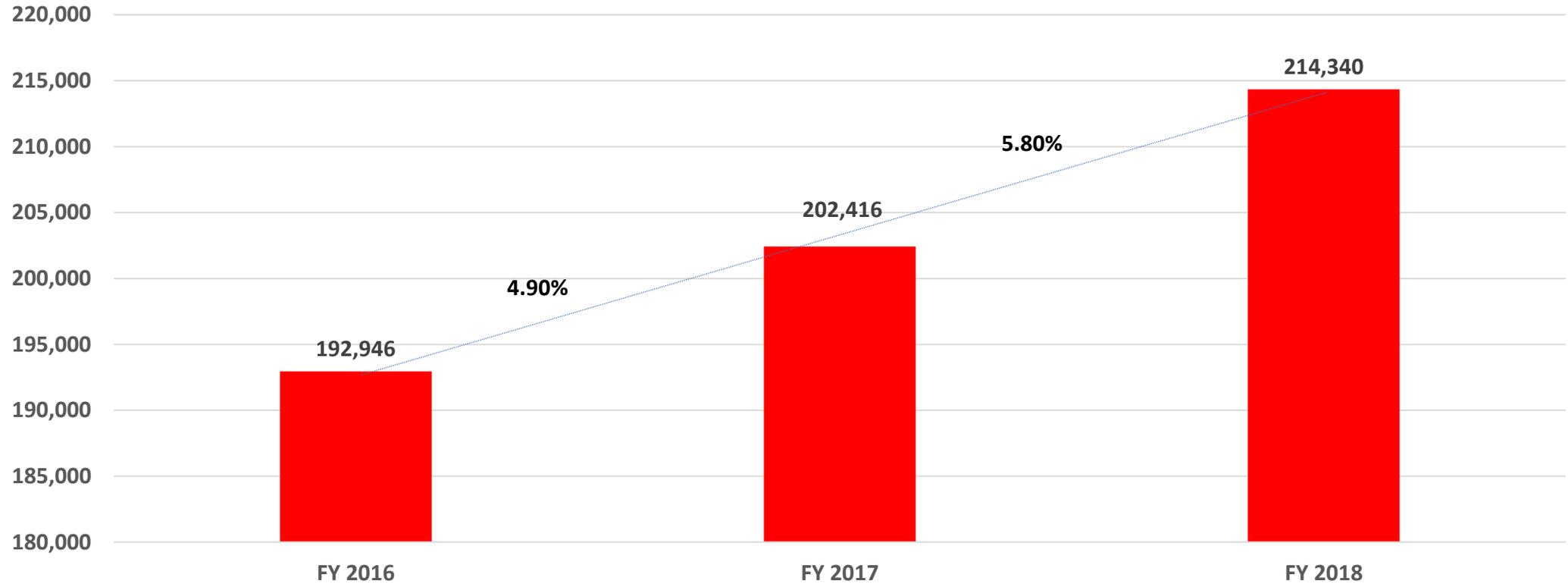


Spring Grove Hospital Center
Capacity = 347



Behavioral Health Administration Overview

Number of Individuals Receiving Mental Health Services by Fiscal Year

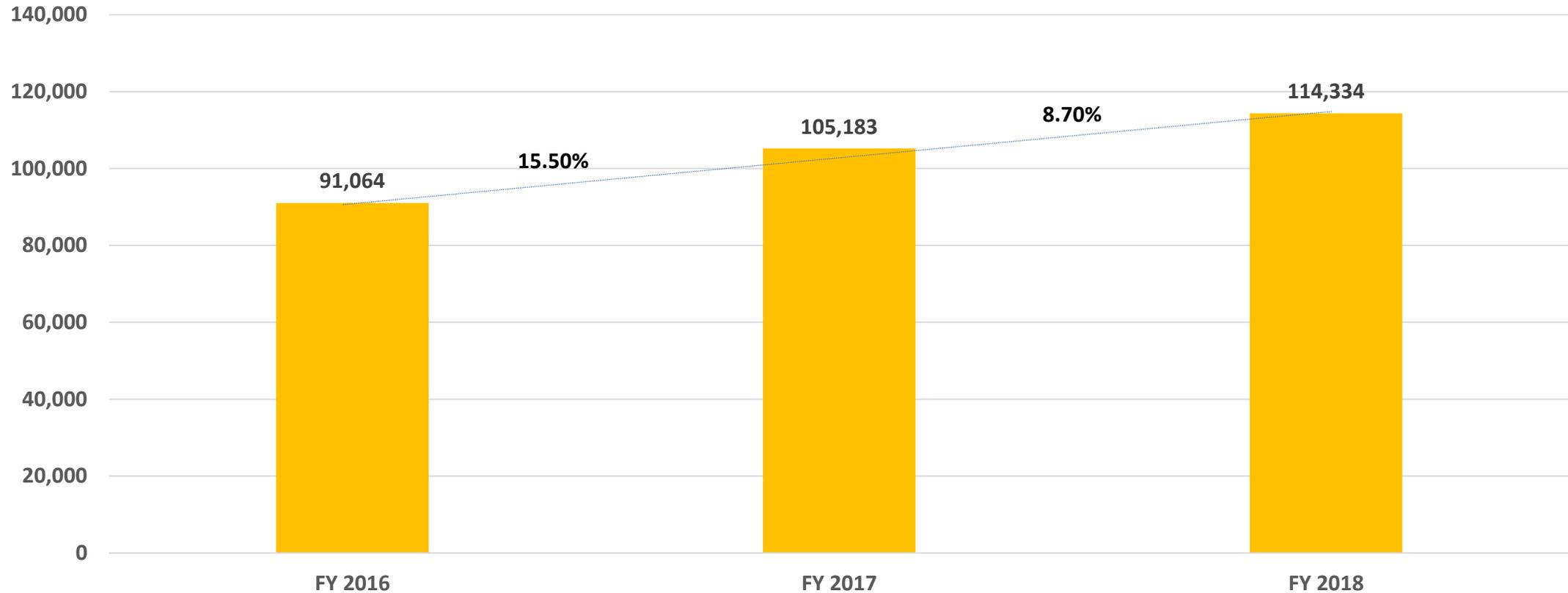


Note: 1. Based on claims paid through April 30, 2019

2. FY 2018 & 2019 are incomplete as providers have 12 months from service date to submit claims for payment.

Behavioral Health Administration Overview

Number of Individuals Receiving Substance Use Services by Fiscal Year



Note: 1. Based on claims paid through April 30, 2019

2. FY 2018 and 2019 are incomplete as providers have 12 months from service date to submit claims for payment.

3. In FY 2017, SUD ambulatory services for the uninsured was transitioned from being grant funded to fee for service.

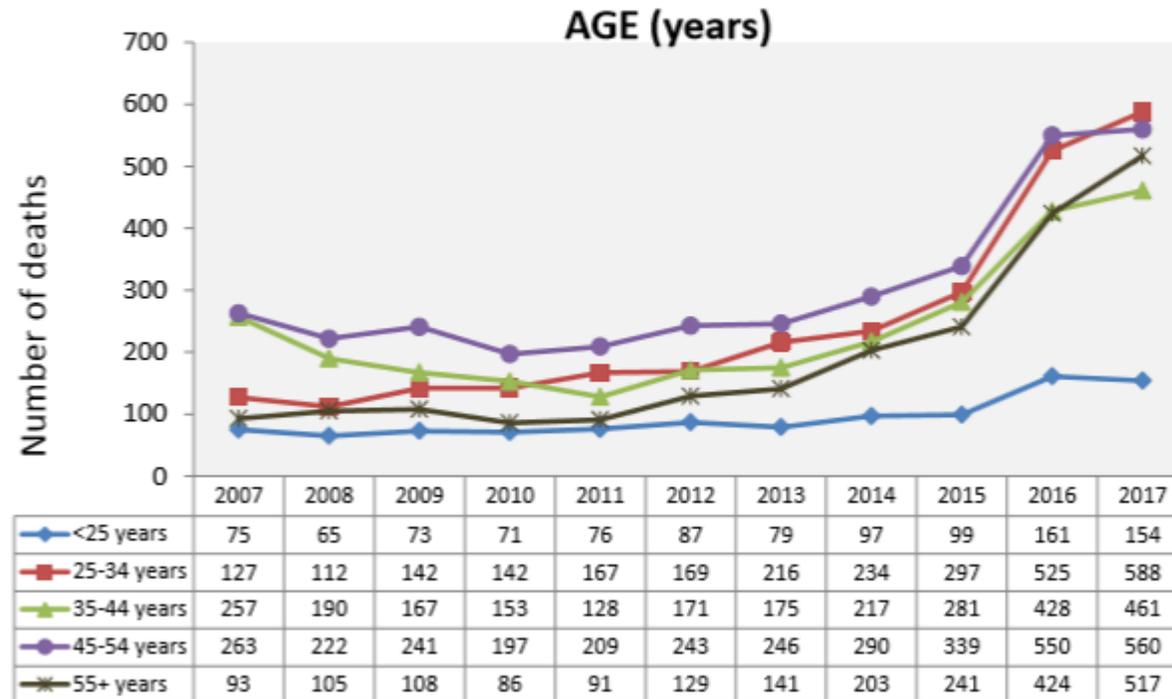
4. In FY 2018, SUD residential services was transitioned from being grant funded to fee for service.

BHA Available Older Adult Data

- There are 120 patients over the age of 64 in State psychiatric hospitals. This represents 12% of the total patient population.
- In FY18, 2,732 people over the age of 64 accessed public mental health services and 1,132 people accessed publicly funded substance use services.
- Based on FY 19 data, 2,625 individuals are receiving mental health treatment and 1,251 are receiving substance use treatment services. (This represents claims data from 7/1/18 – 4/30/19).

Drug and Alcohol Related Intoxication Deaths

Figure 3. Total Number of Drug- and Alcohol-Related Intoxication Deaths Occurring in Maryland by Age Group, Race/Ethnicity and Gender, 2007-2017.



Talk to Your Doctor (TTYD)

TTYD Campaign encourages patients to ask their medical professional questions if they are being prescribed an opioid

- Daughter with elderly parents discussing medications*

[ps://www.youtube.com/watch?v=IJIH45A6-VU](https://www.youtube.com/watch?v=IJIH45A6-VU)

Training video link below:

<https://beforeitstoolate.maryland.gov/talktoyourdoctor/>

Behavioral Health Treatment and Recovery Services

MENTAL HEALTH

- Inpatient Services
- Health Services
- Targeted Case Management
- Psychiatric Rehabilitation Services
- Residential Rehabilitation Services
- Residential Treatment Services (RTC)
- Mobile Treatment
- Assertive Community Treatment
- Traumatic Brain Injury
- Respite Services
- Supported Employment
- Crisis Services
- Permanent Supported Housing
- Wellness and Recovery Centers

SUBSTANCE USE DISORDERS

- Recovery Housing
- Recovery Community Centers
- Residential Treatment Facilities
- Withdrawal Management
- Medication Assisted Treatment
- Inpatient Services
- Adolescent Clubhouses

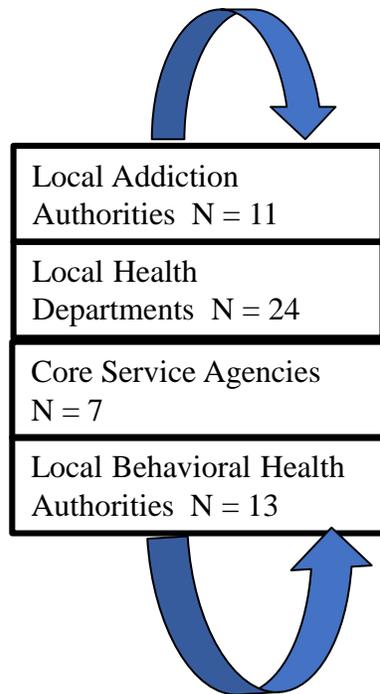
BOTH Mental Health and Substance Use Disorders

- Individual Practitioners
- Outpatient Services
- Intensive Outpatient Services
- Partial Hospitalization
- Lab Services (behavioral health related disorders)
- Health Homes
- Care Coordination

Overview of Behavioral Service Delivery System

Local Authorities

24 Jurisdictions



Role of Authorities

- ◆ Planning, managing, and monitoring mental health, substance related, and addictive services
- ◆ Managing a full range of prevention, treatment and recovery services.
- ◆ Implementation of state and federal grants.
- ◆ Providing technical assistance to providers.

Mental Health Services

Mental Health						
Service Category by Age	FY 16		FY 17		FY 18	
	50-64	65+	50-64	65+	50-64	65+
Case Management	1,411	111	1,580	139	1,610	143
Crisis	571	42	618	53	656	60
Inpatient	3,447	180	3,529	212	3,288	181
Mobile Treatment	1,247	213	1,305	248	1,387	284
Outpatient	27,804	1,304	29,097	1,521	29,683	1,660
Partial Hospitalization	203	1	204	2	186	1
Psychiatric Rehabilitation	5,522	632	6,300	767	7,110	900
Residential Rehabilitation	1,655	230	1,716	246	1,762	266
Respite Care	7	-	8	1	9	-
Supported Employment	1,035	54	1,047	64	1,024	83
Baltimore Group - Capitation	186	52	183	61	169	57
Emergency Petition	47	6	50	29	58	23
Purchase of Care	3	-	5	-	4	1
Total	31,499	2,089	33,076	2,502	33,941	2,732

Substance Use Disorder Treatment

Substance Use Disorder							
Service Category		FY 16		FY 17		FY 18	
		50-64	65+	50-64	65+	50-64	65+
Outpatient Treatment	Level I	9,078	168	14,485	637	17,086	1,017
Outpatient Detoxification	Level I.D	433	4	599	11	638	18
Opioid Maintenance Therapy	OMT	6,544	244	8,524	583	9,505	780
Intensive Outpatient	Level II.1	1,882	14	2,527	52	3,477	109
Partial Hospitalization	Level II.5	628	1	891	3	836	11
Clinically managed medium intensity residential	Level III.3	0	0	0	0	236	11
Clinically managed high intensity residential	Level III.5	0	0	0	0	444	25
Medically monitored Intensive Inpatient Treatment	Level III.7	0	0	0	0	1,332	59
Residential Detoxification services	Level III.7.D	0	0	0	0	1,173	55
Hospital Detox	Level IV.D	775	9	925	5	795	5
Total		12,788	336	16,115	797	18,208	1,132

BHA's Older Adults and Long-Term Services and Supports Division

- Pre-Admission Screening and Resident Review (PASRR) - BHA is responsible for determining need for nursing facility stays and ensuring access to specialized services for individuals with mental illness in Maryland.
- Monitoring of state funded grants to local behavioral health authorities to support older adults with behavioral health conditions.
- Oversight of Older Adult Behavioral Health PASRR Specialist Project, which began in July 2017 to improve access to behavioral health services for individuals who are aging and/or individuals with long term care needs.
- Monitoring public behavioral health system utilization, as well as grant funded programs for older adults with behavioral health disorders.

BHA funded Projects

Currently BHA funds 20 projects in 11 different jurisdictions.

These projects fall into one of three categories:

- Specialized residential services
- Outreach and education
- In-home behavioral health services

Older Adult Behavioral Health Pre-Admission Screening and Resident Review (PASRR) Project

- Began in July 2017
- Joint project between Maryland's Money Follows the Person Demonstration, BHA, and the local behavioral health authorities.
- Grant funds 6 regional specialists covering the State of Maryland.
- The purpose of the project is to help bridge Maryland's publicly-funded behavioral health and long-term services and supports for individuals aging with a behavioral health condition.
- Specialists provide information and resources and conduct follow up with individuals with mental illness admitted to nursing homes through the PASRR process.

Gaps in the System

According to Maryland Public Behavioral Health (PBHS) data, utilization of services drops off significantly after age 65:

- Possible contributing factors for decreased utilization are Medicare, accessibility of services, early death and disability.

Maryland Residential Rehabilitation Programs report difficulties continuing to support individuals in their programs as they age:

- Possible contributing factors are accessibility of units, need for hands on assistance with activities of daily living, complex somatic conditions, inability to access home and community services

Opportunities

- This summit pulls together leaders from BHA, Medicaid, Department of Aging, and the Department of Housing and Community Development, and provides an opportunity for further Interagency Collaboration.
- BHA funds are awarded to Baltimore County Behavioral Health Authority for supporting efforts to implement peer support. The sub vendor for this project is the Mental Health Association
- Pre-Admission Screening and Resident Review (PASRR) reform efforts are underway (interagency initiative between MD Medicaid, BHA and the Developmental Disabilities Administration).

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<https://bha.health.maryland.gov/Pages/olderadultbehavioralhealthandPASRR.aspx>