



FOR IMMEDIATE RELEASE:

March 25, 2022

CDC INTRODUCES COVID-19 QUARANTINE AND ISOLATION CALCULATOR

CUMBERLAND, MD – The CDC has introduced a Quarantine and Isolation Calculator to help those who have been exposed to or diagnosed with COVID-19 determine how long to quarantine or isolate. You can find this free and easy-to-use tool at cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html.

It is important to note that the Q&I calculator does not apply to individuals who are moderately to severely immunocompromised and those who are in high-risk settings such as congregate facilities or hospitals. Immunocompromised individuals should seek advice from their healthcare providers regarding isolation and quarantine, and those in high-risk settings should follow the protocols for their specific facilities.

The Allegheny County Health Department continues to offer free COVID-19 vaccinations for individuals ages 12 and older on Wednesdays at the Allegheny County Fairgrounds from 9 a.m. to 1 p.m. No appointment is needed for first and second doses of Moderna vaccine (age 18+) and first, second, and booster doses of Pfizer vaccine (age 12+). Appointments are recommended for the Moderna booster vaccine and individuals may schedule an appointment by visiting health.maryland.gov/allegany and clicking on the preferred clinic date.

For assistance registering for an appointment, county residents can call the COVID-19 call center at 240-650-3999. COVID-19 vaccines and boosters are also widely available at local pharmacies, urgent care clinics, and some primary care providers.

Free drive-thru COVID-19 testing is still being offered at the Allegheny County Fairgrounds (11400 Moss Ave., Cumberland) on Mondays from 2 to 7 p.m. and on Wednesdays and Fridays from 8 a.m. to 2 p.m.

ALLEGANY COUNTY COVID-19 DATA AS OF MARCH 24:

- CDC COVID-19 Community Level: Low
- New COVID Cases This Week: 23 (cumulative total 17,072)
- Additional Deaths This Week: 1 (cumulative total 356)
- Cases Per 100,000 People: 4.67 (Maryland: 4.53)
- Positivity Rate: 1.93% (Maryland: 1.45%)
- Percentage of County Population Fully Vaccinated: 55.5%

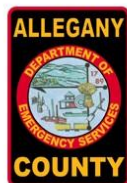
NEXT UPDATE: Friday, April 1

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