

BEHAVIORAL HEALTH SERVICES

Behavioral Health provides services for mental health treatment, outpatient and inpatient addiction treatment, prevention services and halfway housing.

Some frequently asked questions about our program:

1. What type of services do you offer?

ANSWER: All treatment is individualized to meet each persons need. We provide evaluation and treatment for any type of mental health or addiction issues, including gambling. We are able to refer to higher levels of care (i.e. inpatient treatment) if medically necessary. We offer individual, family, and group therapy along with medication evaluation and management. We also have Intensive Outpatient Programs for those that may require more intensive mental health or addiction treatment. Prevention services, tobacco cessation and halfway house placement is also available through our program.

2. How do I know if I'm eligible for treatment?

ANSWER – You can call 301-759-5280 to find out if you meet criteria.

3. Are services offered for children and adolescents?

ANSWER: Yes. Mental health services are available for ages 3 and up. We provide addiction evaluation and treatment for adolescents 13-18 years old. Prevention services are also available for youth.

4. Do I need to schedule an appointment to be seen?

ANSWER: No. Walk-ins are available Monday through Friday between the hours of 8:30 a.m. - 3:00 p.m. for outpatient addictions. Walk in hours for mental health is 9:00 a.m. – 2:00 p.m. If you are unable to come during these times, please call and speak to an Intake Worker at 301-759-5280 or 301-759-5050 so that we can better accommodate you.

5. Do you take private insurance?

ANSWER: Yes. We take Maryland Medicaid, Medicare and most Commercial Insurances. The Maryland Sliding Fee Schedule is utilized when assessing fees.

6. Do you provide transportation?

ANSWER- If you are attending our mental health Intensive Outpatient Program for adults or children, transportation is provided. We are able to link you with available transportation resources in the county so that you can attend scheduled appointments. You may also qualify for [transportation services provided by the Center](#).

7. Will I receive medication at my first mental health appointment?

ANSWER – No. Your first visit will be an evaluation with a licensed therapist. You will then be assigned to your case coordinator who will talk to you about if you want to have a

medication evaluation. If so, you would then be scheduled with the psychiatrist or nurse practitioner.

8. If my child is in a crisis, do you offer any type of crisis appointments?

ANSWER – Yes. Emergency mental health crisis intervention for children and adolescent patients are offered Monday-Friday from 8am – 2pm. Trained crisis counselors are prepared to provide services for critical situations requiring immediate attention and or/psychiatric hospitalization. You must be an established client to be seen for a crisis appointment.

9. I need to have inpatient treatment for my alcohol and/or drug use. How can I get admitted?

ANSWER: You would need to first have an evaluation in the outpatient addiction program. They can make the appropriate referrals as needed.

10. How do I get into the Allegany House (Halfway House)?

ANSWER: Your treatment provider can refer you or call 301-777-2497 for more information.

11. Does the clinic provide any Medication Assisted Treatment Therapies (MAT)?

ANSWER: Yes. We offer Buprenorphine. An individual must be receiving counseling at our clinic while receiving this medication. If an individual is being managed medically at another provider who does not offer counseling services, they can receive counseling at our clinic.

12. Does the Massie unit offer detox?

ANSWER: The Massie Unit has sub-acute detox but is not qualified to detox a patient in acute withdrawal.

13. Is the 12-Hour Alcohol Education Program for Maryland offered?

ANSWER: Yes. An individual will be evaluated regarding what services are medically appropriate.

14. Do you provide a training class for servers of alcohol?

ANSWER: Yes. TIPS (Training Intervention Procedures) training class is free to all Allegany County participants and takes approximately 4-5 hours. Call 301-759-5265 to register.

15. Do you do presentations in the community about tobacco, alcohol and/or drugs?

ANSWER: Yes. Behavioral Health Prevention offers free presentations/trainings tailored to meet the needs of the audience.