

The Eastern Shore Hospital Center Auxiliary (ESHC) and The Hyatt Regency Chesapeake Bay Resort are celebrating the 100th Anniversary of the ESHC and May as Mental Health Awareness Month by sponsoring The Great Chesapeake Bay Wellness Race & Family Walk on Saturday, May 9, 2015. This event will directly benefit patients and residents of ESHC. It is being held on the beautiful River Marsh Golf Course track with registration at 7:00 A.M. and the race starting at 8:00 A.M. Entry fee is \$30.00 for advance registration and \$35.00 on Race Day. Entry fee includes race tee shirt, refreshments, awards and delicious post-event breakfast.

You can get involved by registering for the timed 10K race or untimed 5K walk/run or 3K family walk, becoming a volunteer, or supporting the event as a sponsor. Sponsorship opportunities are available for the course, tee shirts, and the event itself. To register, become a sponsor, volunteer, or just ask questions about the Wellness Race, contact ESHC Volunteer Services at 410-221-2358, toll free at 1-888-216-8110, Extension 2358 or email judith.slaughter@maryland.gov To register online, please visit active.com (search 21613). All proceeds will be donated to the ESHC Auxiliary, a totally volunteer 501©3 organization, whose sole purpose is to benefit the residents of the hospital.